# Tikokino Primary School Newsletter

Tikokino 100% - Today, Tomorrow, Together Phone: 06 8565 833 office@tikokino.school.nz Principal: Hamish Natusch

Term 1, Week 9 24<sup>th</sup> & 28<sup>th</sup> March 2025



## Dear Parents, Caregivers & Friends,

The Te Mata Peak Trail Blazer is here! You would all have received information yesterday regarding start times etc. Be sure to pick up race numbers from school. If for whatever reason you can't, we will bring them to the event on Sunday. School Sports tops to be worn, please let Kate know if your child/children need one and get in touch if you have any questions.

Many of our senior students have made a great start at the William Pike Challenge. As part of the challenge, students must complete 20 hours of community service. One way to achieve this is by helping coach skills to juniors. Our senior girls are doing a great job supporting our junior netball players to develop their skills in this area.

We have three hockey teams entered for the upcoming season. Info was emailed home on Monday regarding this. Please sing out if you have any questions. A huge thank you to our Home & School Fundraising Committee who are donating funds for us to purchase new hockey equipment, it should be arriving any day now!

Our students enjoyed having Jack Gay from HBRU come and teach a range of broad rugby skills. Jack will be coming back in Term 2 to work more closely with our rugby players coaching specific rugby skills such as passing, tackling etc.

Reminder that there is a Teacher Only Day for most CHB Schools tomorrow (Friday 28th March).

See you Sunday.

Regards, Hamish.















## 2025 Important Dates for Your Calendar

28<sup>th</sup> Mar: Teacher Only Day – School Closed 30<sup>th</sup> Mar: Peak Trail Blazer – Te Mata Peak 7<sup>th</sup> Apr: BOT Meeting @ 7.00pm 11<sup>th</sup> Apr: End of Term 1 28<sup>th</sup> Apr: Term 2 Begins

It is a National requirement that you let us know if your child is unwell or away from school for any reason. Please phone 027 2083358 or use the link on our website.

NOT ON THE BUS TODAY? Please let Hamish know if your child/ren are not on the bus and he will let Hayley know.



20km speed limit past a stationary school bus.



great little earner for our school in the past, last year earning around \$1500 to go towards new sports gear and sports uniforms.

All you need to do is bring in a donation for the easter baskets and sell as many tickets as you can donations

could be easter related or something else. please bring your donations and tickets into the school office by Wednesday the 9th of april. The raffle will be drawn on the 11th of april

> Many Thanks from the Tikokino Home and School



If you would like to advertise in our newsletter, please email the school: office@tikokino.school.nz

https://www.facebook.com/TikoSchool1866/

The School Pool will be Closed as of this Friday, 28<sup>th</sup> March. Please return your key next week. We would ask that <u>ALL</u> keys are returned this year! Thank you!



## Sunday 30 March 2025

https://www.peaktrailblazer.co.nz/event-info



# Our Junk, Your Treasure

# Aka Community

Car Boot Sale ! SAT 29th MARCH 10am-2pm Rear of Sawyers Arms (via Buckland

> Street ) COST : \$5 Early Bird \$10 on the day

To Book or Enquiries Wendy 0272896075 Gilly ( txt only) 0211170473



COMMUNITY EMERCENCY HUB

We are delighted to offer a FREE Psychological First Aid (PFA) course run by New Zealand Red Cross. Help us build a more resilient communit<del>y!</del>

Psychological First Aid is a simple, yet powerful way of helping someone in distress, so they feel calm and supported in coping with their challenges, whether it's personal, work related or affecting the whole community.

#### DATE: Saturday 29th March 2025

COURSE DURATION: 8.30am - 4pm (7 Hours)

Morning tea and lunch provided

VENUE: Ongaonga Hall 34 Bridge Street, Ongaon

COST: Funded

RSVP (limited spaces)

recovery@chibdc.covt.nz
06 857 8060

CENTRAL HAWKE'S BAY

#### CONTENT

- Understand what Psychological First Aid is and isn't.
- Become familiar with distress
- reactions
- Learn how to look after yourself while providing support to others
- Provide PFA using "The Five Elements" and the action principle
- Look, Listen Link. What to do if you have concerns
- about someone at risk of suicide
- Practice providing Psychological First Aid

